

List of Feelings

Abandoned	Distressed	Isolated	Rejected
Affectionate	Disturbed		Relaxed
Afraid	Dominated	Jealous	Relieved
Alone	Divided	Jilted	Reluctant
Ambivalent	Doubtful	Joyous	Remorse
Angry		Jumpy	Resigned
Annoyed	Eager		Resistant
Anxious	Ecstatic	Kind	Responsive
Apathetic	Embarrassed		Restless
Appalled	Empathetic	Lazy	Ridiculous
Ashamed	Empty	Left Out	
Assertive	Enraged	Lonely	Sad
Astounded	Envious	Longing	Satisfied
Awed	Excited	Lost	Scared
	Exhausted	Love	Serious
Bad	Exploited	Loving	Shocked
Betrayed		Lovable	Shame
Bitter	Fascinated	Low	Shy
Bold	Fear		Silly
Bored	Flustered	Mad	Skeptical
Brave	Foolish	Mean	Sneaky
Burdened	Fortunate	Melancholy	Solemn
	Frantic	Miserable	Sorrowful
Calm	Frustrated		Spiteful
Challenged	Frightened	Naughty	Stingy
Cheated	Furious	Nervous	Strange
Cheerful		Nice	Stunned
Clever	Glad	Numb	Surprised
Competitive	Good		Sympathetic
Concerned	Gratitude	Obnoxious	
Condemned	Grief	Obsessed	Tempted
Confident	Guilty	Odd	Tense
Confused		Open	Terrible
Conspicuous	Happy	Outraged	Terrified
Contempt	Harassed	Overjoyed	Threatened
Contented	Hate		Trapped
Cruel	Hatred	Pain	Troubled
Crushed	Helpful	Panic	
Curious	Helpless	Passive	Uneasy
	Homesick	Peaceful	Unfortunate
Defeated	Hopeful	Persecuted	Unwilling
Defensive	Horrible	Petrified	
Delighted	Hurt	Pity	Vulnerable
Depressed	Hysterical	Pleasant	
Deserted		Pleased	Weak
Desolate	Ignored	Powerful	Willing
Despair	Impressed	Powerless	Willful
Detest	Indignant	Pressured	Wonder
Devastated	Infatuated	Proud	Worry
Different	Inspired	Puzzled	Worried
Disappointed	Insulted		
Disgusted	Intimidated	Reassured	
Distracted	Irritated	Refreshed	